



SUPPORT GROUP LISTING

ILLINOIS

Dixon, IL

Town Square Centre
102 South Hennepin, 2nd Floor Community Room
2nd Thursday at 1:00 pm
Contact: Anne Hilliard at 815-285-5575

Libertyville, IL

Lake County Parkinson Support Group
Condell Medical Center
Condell Drive and Milwaukee Avenue (Rt. # 21)
4th Wednesday 7:00 – 9:00 pm
Contact: Phillip & Diane Fragassi at 847-246-0128

Northfield, IL

North Shore Senior Center
161 Northfield
Every Wednesday at 1:00 pm (except August)
Contact: Michele Corrado at 847-784-6038

Rochelle, IL

Rochelle Community Hospital
900 North Second Street
Hospital Auxiliary Room
4th Monday at 6:30 pm
Contact: Pat Docter at 815-562-9613

Rockford, IL

Wesley Willows
4141 North Rockton Avenue
2nd Wednesday at 10:00 am
Contact: Faye Ford at 815-885-4897

Rockford, IL – Young Onset Group

Gloria Dei Church
4700 Augustana Drive
3rd Tuesday at 7:00 pm
Dinner meetings at 6:30 pm
Contact: Sharon Habing at 815-398-1720

INDIANA

South Bend, IN

Michiana Parkinson Awareness Group
The Leighton Center
534 North Michigan Street
1st Monday at 1:00 pm
Contact: James Banner at 574-291-4217

IOWA

Burlington, IA

Great River Medical Center
Blackhawk Room
1225 Gear Avenue
3rd Thursday at 2:00 pm
**Contact: Ruth and Bill Newton
at 217-453-2481**

Dubuque, IA

Stonehill Adult Daycare Center
3485 Windsor Avenue
4th Saturday at 10:00 am
Contact: Jane Osterhaus at 563-582-7313

Clinton, IA

Mercy Medical Center
South Campus Board Room
638 South Bluff Boulevard
2nd Saturday at 10:00 am
**Contact: Don and Rita Schneider
at 563-243-5585**

Newton, IA

Wesley Park Center
Garden Room
500 First Street N
3rd Monday at 1:30 pm
**Contact: Eloise Prater at 641-791-1018 or
Maralyn Stull at 641-791-1127**

Davenport, IA

Center for Active Seniors
1035 West Kimberly Road
3rd Saturday 10:00 am
**Contact: Joe at 309-762-9231 or
Nancy at 563-332-4098**

Washington, IA

United Presbyterian Home
1203 E. Washington Street
2nd Tuesday at 3:30 pm
Contact: Amy Kleese at 319-653-5473

Decorah, IA

Winneshiek Medical Center
901 Montgomery Street
4th Wednesday at 1:30 pm
Contact: Linda Nolting at 563-568-5040

Waukon, IA

Veteran's Memorial Hospital
404 1st Street Southeast
3rd Thursday at 1:00 pm
Contact: Linda Nolting at 563-568-5040

MICHIGAN

Calumet, MI

Keweenaw Home Nursing
311 Sixth Street
2nd Monday at 1:00 pm
Contact: Diane Tiberg or Colin Munn at 906-337-5700

WISCONSIN

Appleton, WI

Thompson Community Center - Ogilvie Hall
820 West College, Suite 1
4th Thursday at 2:00 pm
**Contact: Mary Peters at 920-733-7649
or 920-751-0443**

Appleton, WI – Young Onset Group

Neurospine Center of Wisconsin
5320 W. Michaels Drive
2nd Floor Conference Room
2nd Thursday at 6:00 pm
Contact: Vera Ramacitti at 715-412-2148

Baraboo, WI

First Congregational United Church of Christ
131 6th Avenue
3rd Monday at 2:00 pm
**Contact: Sylvia Kriegl at 608-355-3289
or Geri Schoenoff at 608-356-3473**

Beaver Dam, WI

Beaver Dam Community Hospital
Hillside Manor
1st Floor Dining Room
803 South University Avenue
Last Thursday at 2:30 pm
Contact: Marnee Schultz at 920-887-6821

Brookfield, WI

Brookfield Regency
777 North Brookfield Road
1st Thursday at 2:30 pm
**Contact: Winfield Reinemann at 262-786-6415
or Eleanore Krejci at 262-785-2630**

Fond du Lac, WI

Aurora Health Center
210 Wisconsin American Drive
2nd Floor Meeting Room
4th Thursday at 10:00 am
Contact: Oscar Kraus at 920-922-7683

Green Bay, WI

Aging & Disability Resource Center
300 South Adams Street
2nd Tuesday at 1:00 pm
Contact: Snooky Zuidmulder at 920-448-4309

Janesville, WI

First Baptist Church
3414 Woodhall Drive
1st Wednesday at 2:00 pm
Contact: Darlene Larson at 608-884-0800

Kenosha, WI

Brookside - Southport Room
3506 Washington Road
1st Wednesday at 2:00 pm
Contact: Julie Topolovec at 262-657-7276

La Crosse, WI

Gunderson Lutheran Hospital
1900 South Avenue
4th Tuesday at 2:00 pm
Contact: Julie Holzwarth at 608-775-9000

Lancaster, WI

Grant County Parkinson Support Group
Youth & Agriculture Building
(Fair Grounds), South Room
3rd Tuesday at 1:30 pm
Contact: Dacy Reimer at 920-539-3079

Manitowoc, WI

Manitowoc Senior Center
3330 Custer Street
4th Thursday at 1:30 pm
**Contact: Vickie Rathsack at 920-726-4626 or
Lillian Twohill at 920-684-2924**

Marinette, WI

First Trinity Lutheran Parish Hall
920 Wells Street
3rd Thursday at 10:00 am
**Contact: Virgil & Lorraine Thomson at
920-897-2461**

Marshfield, WI

Wesley Methodist Church
205 South Maple Street
3rd Thursday at 2:00 pm
Contact: Mahala Earnhart at 715-387-5351

WISCONSIN

Menomonee Falls, WI

Arboretum Retirement Community
Multipurpose Room
W180 N7890 Town Hall Road
1st Thursday at 10:00 am

**Contact: Theresa Reszka at 262-251-4862
or Marlene Farrand at 262-305-9921**

Milwaukee, WI

Trinity Village
7300W. Dean Road
1st Monday at 2:30 pm

**Contact: Doreen Corso at 414-371-7367 or
Cedric Addison at 414-371-7493**

Milwaukee, WI

Washington Park Senior Center
4420W. Vliet Street
3rd Friday at 10:45 am

Contact: Gail Meilinger at 414-462-2741

Minocqua, WI

Ascension Lutheran Church
Hwy 51 South
2nd Tuesday at 10:00 am

Contact: Dennis Leith at 715-358-2207

Oconomowoc, WI

Oconomowoc Memorial Hospital
791 Summit Avenue
3rd Friday at 2:00 pm

Contact: Peg Theder at 920-261-9805

Oshkosh, WI

Oshkosh Seniors Center
200 North Campbell Road
3rd Tuesday at 2:00 pm

Contact: Paula Stephens at 920-232-5305

Racine, WI

St. Mary's Hospital
3805 Spring Street, Building B
3rd Tuesday at 2:00 pm

**Contact: Ken Beth at 262-637-2834 or
Richard Garber at 262-639-8724**

St. Francis, WI

St. Ann's Center Adult Daycare Unit
2801 East Morgan
3rd Friday at 2:00 pm

Contact: Hattie Goodman at 414-744-5654

Seymour, WI

Good Shephard Services
607 East Bronson Road
Community Center
1st Tuesday at 1:30 pm

**Contact: Mary Beth Fumelle at
920-833-6856, ext. 117**

Shawano, WI

Shawano United Methodist Church
1000 Engel Drive
2nd Tuesday at 1:30 pm

Contact: Irma Timmons at 715-526-6967

Sheboygan, WI

Sheboygan Memorial Medical Center
2629 North 7th Street Conference Room C
3rd Tuesday at 2:00 pm

Contact: Neal Buteyn at 920-564-2502

South Milwaukee, WI

FranciscanGardens
1000 Williams Avenue
Gardens Community Room
2nd Tuesday at 2:00 pm

Contact: Dacy Reimer at 920-539-3079

Stevens Point, WI

Lincoln Senior Center
1519 Water Street
4th Tuesday at 1:00 pm

Contact: Ellen Gryns at 715-343-6294

Stoughton, WI

Stoughton Area Senior Center
248 West Main
4th Wednesday at 1:30 pm

Contact: Hollee Camacho at 608-873-8585

WISCONSIN

Sturgeon Bay, WI

United Methodist Church
836 Michigan Street
1st Thursday at 1:00 pm

Contact: Carol Moellenberndt at 920-743-3476

Sun Prairie, WI

Colonial Club Senior Center
301 Blankenheim Lane
Therapy Room
4th Monday at 1:00 pm

Contact: Jessica Hahn at 608-263-7991

Walworth, WI

Inspirational Ministries – Pederson Center
Hwy. 67 and F
3rd Wednesday at 2:00 pm

Contact: Audrey Yakes at 262-723-1288

Wausau, WI

Aging and Disability Resource Center
1000 Lakeview Drive
Lakeview Memorial Conference Room
3rd Tuesday at 1:00 pm

**Contact: Angie Zender at 715-359-5992 or
Donna Boodle at 715-675-2040**

West Allis, WI

Village at Manor Park
3023 S. 84th Street (*enter at blue canopy*)
Assisted Care Area – G lounge
1st Friday at 2:30 pm

Contact: Kate Olszewski at 262-672-0041

West Allis, WI

West Allis Memorial Hospital
8901 West Lincoln Avenue
Meeting Room C
4th Tuesday at 7:00 pm

**Contact: Dale & Ellen Jante at 262-878-2362 or
Dave & Carolyn Warhanek at 414-425-3280**

West Allis, WI

Caregiver Only Group

Village at Manor Park
3023 S. 84th Street (*enter at blue canopy*)
Assisted Care Area – G lounge
4th Tuesday at 2:00 pm

Contact: Kate Olszewski at 262-672-0041

West Bend, WI

Cedar Ridge Retirement Campus
113 Cedar Ridge Drive
3rd Monday at 1:00 pm

Contact: Kathy Stultz at 262-338-2821

Whitewater, WI

Fairhaven Retirement Community
435 West Starin Road
Lower Level Conference Room
2nd Monday at 1:00 pm

**Contact: Marilyn Bauer at 920-563-3610 or
Paul Zimmerman at 262-472-9781**

Wisconsin Rapids, WI

Centralia Center
220 3rd Avenue South
4th Tuesday at 3:00 pm

Contact: Mahala Earnhart at 715-387-5351

EXERCISE GROUPS

Baraboo, WI

St. Claire Hospital
707 Fourteenth Street, Rehab Department
Tuesdays & Thursdays at Noon
Contact: Judith Mehlos at 608-356-1480 or 608-434-0300

Brookfield, WI

Brookfield Senior Community Center
2000 North Calhoun Road
Tuesdays & Thursdays at 10:30 am (*fee associated*)
Contact: Lisa Glenn at 262-796-6675

Brown Deer, WI

YMCA Schroeder Branch
9250 North Green Bay Road
Tuesdays & Thursdays at 2:00 pm (*fee associated*)
Contact: Pat Giese at 262-512-0206

Green Bay, WI

Move with Ease
YWCA
230 South Mason
Tuesdays & Thursdays, 11:30 am - 12:15 pm (*fee associated*)
Contact: Renee at 920-432-5581 ext. 128

Center for Aquatic Rehab & Exercise
2801 S. Webster Avenue
Monday and Wednesday, 11:00 - 11:45 am (*fee associated*)
Contact: 920-403-7665

Greenfield, WI

Southwest YMCA
11311 W. Howard Avenue
Mondays & Thursdays at 1:00pm
Contact: Nicki Kolinske at 414-329-3863

Wisconsin Athletic Club
5020 South 110th Street
Every Monday, Noon (*fee associated*)
Contact: Mary Bacalzo at 414-427-6500

Manitowoc, WI

Aquatic Exercises
YMCA
205 Maritime Drive (*fee associated*)
Call 920-682-0341 for more information

Milwaukee, WI

Washington Park Senior Center
4420 West Vliet Street
Every Friday, 9:30 am • Free
Contact: Gail Meilinger at 414-462-2746

Yoga for Parkinson's

Milwaukee Yoga Center
3514 North Oakland Avenue
Every Friday, 1:30 - 3:00 pm • \$13.50 per class
Contact: Susan Goulet at 414-332-3551

Trinity Village

7300 West Dean Road
Repeated series of music, swim and Tai Chi classes
Contact: Doreen Corso at 414-371-7367

Racine, WI

YMCA of Racine
725 Lake Avenue
Monday & Wednesday at 1:30 pm
Contact: Janika Geisel at 262-687-6784

Shawano, WI

Total Fitness
212 East Green Bay Street
Tuesday & Thursday at 11:00 am (*fee associated*)
Contact: Kristi Waters at 715-526-2899 or 715-526-5221

Waukesha, WI

Family YMCA
320 East Broadway
Mondays & Thursdays at 1:00 pm (*fee associated*)
Contact: Lois Karnuth at 262-446-9488

West Bend, WI

Kettle Moraine YMCA at River Shores
705 Village Green Way
Wednesdays & Fridays at 1:00 pm (*fee associated*)
Contact: Anne Smith at 262-306-6100

Whitewater, WI

Mercy Fitness & Aquatic Center
580 South Elizabeth
Dates and time vary • \$5.00 senior rate
Contact: 262-473-4900