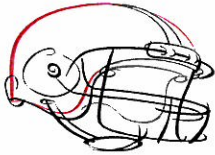


Caregivers see information under Announcements



EVENING PARKINSON'S SUPPORT GROUP



8901 WEST LINCOLN AVE
WEST ALLIS MEMORIAL HOSPITAL
Room C Near the cafeteria

The West Allis Evening Parkinson's Support Group
meets the fourth Tuesday of every month at 7:00 PM.

**January 26, 2010 - Open discussion. Share with us how your
holidays went and what you enjoyed most.
How did you handle your Parkinson's during
busy times?**

**February 23, 2010 - Jay Blankenship, Director of the
Wisconsin Parkinson's Association**

**March 23, 2010 - Chris Sheridan, Manager of the Parkinson's
and Movement Disorders Program at Froedtert
& The Medical College of WI**

**We are looking forward to meeting you at our next meeting!
Facilitators: Dale & Ellen Jante and Dave & Carolyn Warhanek**

If you do not want to be included on our mailing list please e-mail dejante@wi.net or call 262-878-2362 or 414-425-3280

Announcements:

Cancellation of Support Group Meetings - If the West Allis Public Schools are closed because of weather we will not have our support group meeting that night.

Second Tuesday of each month at 6:00 pm - **Caregiver Dinner Meetings** - Please watch future flyers and attend support group meetings to find out where we will be meeting. At each dinner we decide where we will meet the following month.
February 9, 2010, 6:00 pm - Ann's Italian Restaurant, 5969 S. 108th Place, Hales Corners, 414-425-5040. See their web page - <http://www.annsitalian.com/Home%20Page.htm>
March 9, 2010, 6:00 pm - Open Flame, 5081 S. 108th St, Hales Corners, 414-425-5177. See their web page - <http://www.openflamerestaurant.com/>

Viet Nam veterans with Parkinson's disease: It is presumed that Agent Orange contributed to your Parkinson's. You may qualify for benefits. Contact your local Veteran's Affairs officer for more information. Type II diabetes also qualifies for benefits for veterans exposed to Agent Orange.

Exercise Programs - Check with your local YMCA to find out if an exercise program for people with Parkinson's is offered
Wisconsin Athletic Club, 5020 S. 110th St., Call 414-427-6500 to inquire about program and times.
Washington Park Senior Center, 4420 West Vliet St., every Friday, 9:30 AM

Second Saturday of each month - Caregiver Support Meeting held at Small Stones, 17145 W. Bluemound Rd, and 1:00 PM to 2:30 PM
Fourth Tuesday of every month, Village of Manor Park, 3023 S. 84th St. (enter at blue canopy), Assisted Care Area, G lounge, 2:00 PM

